

Education and Experience

Medicine

1988 BA Biology, Boston University, USA

1992 MD (Doctor of Medicine) Boston University School of Medicine, USA

1995 Completed Family Medicine Residency at Brown University/Memorial Hospital of Rhode Island

1996 American Board of Family Practice Certification Examination

1997 UK Medical License

Highlights.....

1997-2014: Further work and training in Palliative Medicine at Wisdom Hospice and Pilgrim's Hospice,

In Kent, England

Further work and training in Psychiatry at Charing Cross and The Priory Hospital, London

Further training in General Practice in Meopham, Kent, England

Work at Alexandra Unit (Hospice) in Dumfries, Scotland

Locum and Out of Hours work in Dumfries Scotland

2010 Israeli Medical License and Speciality Certificate (Family Practice)

Hypnosis

2010 Diploma of London College of Clinical Hypnosis, Medical Course

2012 Completed hypnosis course at Wolfson Hospital, with Dr Solomonovich

2013 Completed hypnosis course at Tel HaShomer Hospital, with Dr's Kleinhauz and Gamus

2014 Israeli Hypnosis License, granted by ministry of health

Nutrition

2010-2014 online learning leading to the following certificates:

Nutritional Education Trainer Certification, based on the work of Dr Joel Fuhrman

Plant Based Nutrition Certificate, from T. Colin Campbell Centre for Nutrition Studies, through e-Cornell

Dr McDougalls Starch Solution Certificate

Other Health Related

1996 Diploma of College of Phytotherapy (Western Herbal Medicine)

2013 Yoga Instructor Certification from Dr Udi Bilu (Bhrigu Yoga School, Tel Aviv)

2010-2014 Experiences of juice fasting at Allumot, near the Kinneret, in Israel

Experience of water fasting at True North Health Centre in Santa Rosa, California

Other General

1975-1980 Graduated High School, in Lynbrook New York,

Moved to Israel

Ulpan, then work at Kibbutz Hokuk

Sherut L'lo Tashlum, chayelet bodedet, in Moshav Yodfat, the pioneering place of organics

In Israel

1980-1984 Exploration of Eastern therapies in Japan, while teaching English